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Alberta Alcohol and Drug Abuse Commission Annual Report 1988/89

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Nancy J. Betkowski
Minister of Health

Alberta
HEALTH

Office of the Minister

323 Legislature Building, Edmonton, Alberta, Canada T5K 2B6 403/427-3665

Honourable Dr. David Carter
Speaker of the Legislative
Assembly of Alberta
325 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Dr. Carter:

I have the honour to present herewith the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1989.

Yours sincerely,

Nancy J. Betkowski
Minister.

Letter from the Chairman

Stan Nelson, MLA
Chairman
Alberta Alcohol and
Drug Abuse Commission

ALBERTA
ALCOHOL
AND DRUG ABUSE
COMMISSION

AADAC

10909 Jasper Avenue
Edmonton, Alberta
Canada T5J 3M9
Tel (403) 427-2837
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Honourable Nancy J. Betkowski
Minister of Health
130 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Minister:

I am pleased to present to you the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1989.

This Report represents the principal activities of many programs administered by the Commission as well as a statement of financial transactions for the year, together with its position at year-end, in compliance with Section F12(1) of The Alcohol and Drug Abuse Act.

Sincerely,

Stan Nelson

Stan Nelson, M.L.A.
Chairman

This past year has been an exciting and busy time for the Commission. Not only have we continued to provide high quality prevention and treatment services for Albertans, we've also initiated the development of new media-based prevention materials and a major new treatment program for adolescents. These programs will be implemented during the 1989-90 budget year.

Given the new programs that will be absorbing much of our attention over the coming year, I would like to take a moment to reflect on what AADAC is and what it believes in its approach to addictions services.

Honest Broker

AADAC's commitment to working with others in solving drug and alcohol problems has made the Commission an honest broker in all its interactions and relationships with the public, its clients, communities, organizations and other government departments and agencies. AADAC works to bring together diverse and conflicting points of view and to be a credible source of information. As a result, the Commission enjoys a cooperative and non-competitive relationship with many self-help organizations, community groups and professional associations. Simply put, we believe in being friends with our friends.

Expert Advisor

AADAC has gained a reputation as being a leader in a field that has grown and evolved rapidly over the last 20 years. The Commission has established a track record of success in addressing the prevention and treatment of alcohol and drug abuse problems, a set of health-related issues known to be strongly resistant to change. I am proud to say that AADAC is frequently approached by community groups, other provinces, federal government agencies and even other countries to see how we do things.

Committed to Youth

AADAC isn't shy about its enthusiasm and commitment to the youth of this province. The Commission firmly believes in the positive energy and vitality of the majority of our youth but also recognizes the need to be able to provide assistance to those youth, and their families, with special requirements. We're not just talking about it, we're doing something about it. Our enhanced adolescent treatment program completes a spectrum of services for youth from prevention through treatment that is unequalled in Canada and possibly North America.

Responsible and Competent

AADAC provides services to the individuals, families and communities of this province through a regionalized service delivery network of more than 25 offices and close to 30 Funded Agencies. All of this is done while maintaining an extremely low administrative cost in relation to the total budget. Over the years AADAC has managed its funds to provide high quality service to the citizens of this province. AADAC believes that communities and clients must be involved in decisions regarding the development and implementation of services. Based on available research and information, solid planning and a commitment to relevance, the Commission has been able to respond appropriately to a number of service needs and has worked to avoid "quick fix" solutions to complex problems.

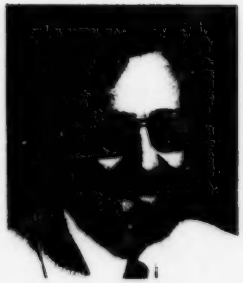
I believe AADAC demonstrates many of the characteristics we value in our young people. AADAC is credible, honest, enthusiastic, responsible and competent. But above all, AADAC demonstrates the human characteristics of caring and compassion in dealing with the people that come to us for help. We are committed to understanding people's strengths, reinforcing positive attitudes and building on their motivations and competencies to increase their health potential. This focus on people is fundamental to all AADAC's treatment and prevention programs and has ensured that we are relevant to those we serve.

The year ahead will undoubtedly be challenging and rewarding. I look forward to the continued success of the Commission and enhanced service to Albertans in need.

Stan Nelson, MLA
Calgary-McCall
Chairman
1988-89

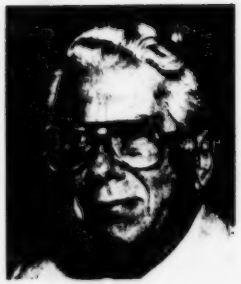
Commission Board Members

Stan Nelson, MLA
Calgary-McCall
Chairman



Dan Vandermeulen
High Prairie
Vice-Chairman

Saran Ahluwalia
Cold Lake
Appointed Dec. '88



Walt Boddy
Edmonton

Aris Coventry
Fort McMurray
Retired from Board,
Aug. '88

Joe Lipka
Sherwood Park

Marlene Maertens-Poole
Fort McMurray
Appointed Dec. '88

Dr. Tom Melling
Lethbridge

Stan Mlynarski
Calgary

Lee Reekie
Calgary
Retired from Board,
Feb. '89

Leona Shandruk
High Level

I am very pleased to report on the first year of my tenure as Chief Executive Officer of the Alberta Alcohol and Drug Abuse Commission. During the past year, some significant changes were made to the way in which AADAC functions, a variety of initiatives were undertaken to improve service to Albertans and we continued to contribute our expertise at the national and international levels.

The Organization

On April 1, 1988 AADAC implemented a change in its funding arrangements with the Government of Alberta and became a grant-funded agency. This change gives AADAC full authority over the internal allocation of resources and allows us to pursue opportunities to recover appropriate costs for such things as educational materials, training courses and conferences.

A full review of AADAC's Management Performance Appraisal and Merit Pay Systems was undertaken during the year. As a result, a new system based on the fundamental principles of managing for success and pay for performance was approved for implementation June 1, 1989.

Service to Albertans

Because of AADAC's experience and success in the area of health promotion and problem prevention we were invited to make a presentation to the Premier's Commission on Future Health Care for Albertans. Subsequently, AADAC was asked to advise and assist the Premier's Commission in gaining a fuller understanding of health promotion issues and concepts.

As part of AADAC's ongoing program to assist Alberta small business in dealing more effectively with work-related addiction problems, AADAC hosted "Workplace '88" in Fort McMurray. Approximately 200 people representing employers, independent employees and organized labour participated in a variety of discussion groups, workshops and specialized training events.

In order to promote understanding and cooperation among the diverse groups and organizations concerned with addiction problems and issues, AADAC organized its first "Institute on Addictions" with the theme "Bridging the Gaps." The Institute was held at the University of Calgary and attracted people from law enforcement, community groups and addictions agencies.

The treatment services available to Albertans were extended this year with the opening of a new facility for the Walter A. "Slim" Thorpe Recovery Centre in Lloydminster. The Recovery Centre is a 20-bed unit which offers detoxification services and a two-week treatment program. The program, which is operated by a community board, is cost-shared equally with the Saskatchewan Alcohol and Drug Abuse Commission.

In order to meet future treatment needs, AADAC initiated and completed detailed planning for a new multi-service adolescent treatment program. This new program, which will become operational in the next fiscal year, is the result of extensive

research, including visits to more than 25 adolescent treatment programs throughout North America. In addition, detailed facility and preliminary program plans were completed for the Northern Addictions Centre in Grande Prairie. This new facility will house Divisional administration, community education, detoxification, outpatient counselling and residential treatment programs. It is expected that the centre will be operational in the fall of 1990.

National Consultation

At the National level I represented the Provinces and Territories during the renegotiation of the Vocational Rehabilitation of Disabled Persons Agreement (VRDP) with the Government of Canada. VRDP is a general program which has been used for many years as a vehicle to cost-share a variety of services including alcohol and drug abuse treatment. The negotiations involved having alcohol and drug abuse specifically recognized as a disability within the agreement and developing clear and precise definitions of the range of programs and services eligible for cost-sharing. As a result of these negotiations, the Government of Alberta recovers a significantly larger proportion of the fund it provides to AADAC.

AADAC also played a lead role in negotiating a new Alcohol and Drug Treatment and Rehabilitation Agreement with the Government of Canada. This cost-sharing agreement, which is a major component of the National Drug Strategy, will allow the Government of Alberta to recover part of its contributions to new treatment initiatives.

Finally, AADAC was invited to join a special advisory committee on injection drug use which reports to the National Advisory Committee on AIDS. This group is considering innovative ways to reduce the spread of AIDS by injection drug users.

International Cooperation

For a number of years AADAC has had an active involvement with the International Council on Alcohol and Addictions (ICAA), which is the principal international non-governmental organization in the addictions field. During this year AADAC, at the request of the ICAA Board of Directors, conducted a survey of ICAA members and recent congress attendees. The purpose of the survey was to help ICAA better serve its members and the international addictions community in general.

In September 1988, AADAC hosted the second meeting of the "Network of Heads of Alcohol Centres" in Banff, Alberta. Representatives from a number of countries, including among others the USSR, Norway, Britain, Nigeria, Japan and New Zealand, met to discuss methods of working together across national and cultural boundaries to address addictions issues. A number of joint projects were initiated including facilitating contact among indigenous peoples and developing an international symbol for impaired driving.

In conclusion, I would like to say how much I appreciate the support of AADAC's management group and the sound advice I have received from the Chairman and the members of the Commission Board. All have helped to make this a very successful and productive year for AADAC.

Leonard Blumenthal
Chief Executive Officer

The Alberta Alcohol and Drug Abuse Commission, or AADAC, is the agency of the Government of Alberta that is responsible for providing Albertans with assistance in dealing with alcohol and drug concerns. AADAC is directed by a chairman and a citizens' board appointed by the provincial government.

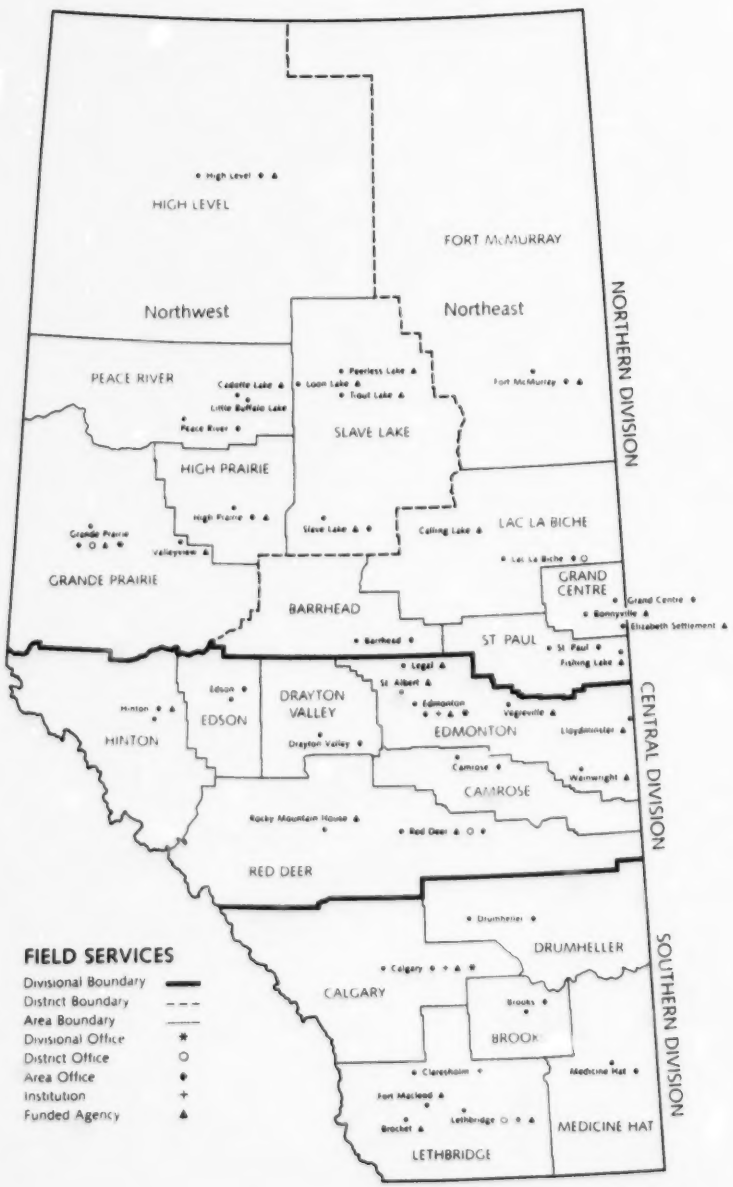
AADAC offers a range of treatment services through a province-wide network of outpatient offices and clinics, detoxification facilities and inpatient treatment centres. AADAC also provides financial assistance and program support to nearly 30 community agencies which treat and prevent problems that stem from the abuse of alcohol and other drugs.

Complementing these services, AADAC provides a wide array of education and prevention programs to schools, community groups and professional organizations throughout Alberta. AADAC also produces an extensive selection of educational materials that are intended for use in the home, workplace and schools. As well, since 1981 AADAC has operated a major multi-faceted prevention program aimed at adolescents that has encouraged young people to adopt healthy lifestyles that are not dependent on the use of substances.

In addition to its regular treatment and prevention services, AADAC offers a number of specialized programs that have been designed for particular needs and concerns. Two major programs, for example, are administered by AADAC for impaired drivers. AADAC also provides assistance to those who require help in dealing with the substance abuse problem of a relative or friend. As well, the Commission offers training courses in the area of addictions and provides limited financial support for community groups who wish to initiate substance abuse prevention programs for youth.

In short, AADAC, together with the agencies it funds, assists Albertans by providing comprehensive addictions treatment and prevention services. Further information about specific prog[illegible]n be obtained by contacting lo[illegible] AADAC offices.

Field Services Map & Organizational Chart



Minister of Health

Chairman — Commission Board

Chief Executive Officer

Executive Director
Program Services

- Northern Alberta Field Services
- Central Alberta Field Services
- Southern Alberta Field Services
- Institutions and Funded Agencies
- Provincial Programs
- EDP and Capital Projects

- Human Resources
- Finance and Administration
- Policy and Program Analysis

Division	Administration	Area Offices	Specialized Units
Northern Alberta Field Services Division	Grande Prairie	Grande Prairie*	
		High Level	
		High Prairie	
		Peace River	
		Slave Lake	
		Lac La Biche*	
		Barrhead	
		Fort McMurray	
		Grand Centre	
		St. Paul	
Central Alberta Field Services Division	Edmonton	Red Deer*	Downtown Treatment Centre
		Camrose	West End Treatment Centre
		Drayton Valley	Day Counselling Unit
		Edson	Community Education Services
		Hinton	
Southern Alberta Field Services Division	Cal	ethbridge*	Calgary Counselling Services
		Brooks	Community Education Services
		Drumheller	
		Medicine Hat	

* District Office

Field Services

Role

AADAC provides services directed towards the prevention and treatment of addictions for citizens across Alberta. Additionally, it plans, implements and evaluates strategies which support the field delivery of the services and provides access and coordination with other program divisions.

Services

The Northern, Central and Southern Alberta Field Services Divisions deliver prevention and outpatient treatment services throughout Alberta. Nineteen area offices offer both prevention and treatment services to rural communities and smaller cities. In addition, six of the specialized units provide prevention or treatment in Edmonton and Calgary.

Prevention Services are aimed at increasing public knowledge of AADAC's services, increasing understanding of alcohol and other drugs, and improving personal skills needed to address alcohol and other

drug-related issues. Program activities include conferences, lectures, audiovisual presentations, seminars, exhibits, participation in community events, interagency linkages, consultation and provision of material resources. Community involvement and assistance are also encouraged in the prevention and resolution of alcohol and other drug problems. This kind of community mobilization includes the coordination of youth-oriented projects, cosponsorship of seminars and lectures, training of key influencers within the teaching, health and social services professional groups, and the promotion and support of employee assistance strategies in the workplace.

Treatment Services are directed toward the recovery of individuals who are experiencing alcohol/drug-related problems. Program activities include assessment, intervention, follow-up and, if indicated, referral to other appropriate programs or services. In the specialized treatment units, the services include group therapy, family counselling and other interventions which address selected populations within the client group.

Northern Alberta Field Services

Highlights

In Slave Lake, Phase II of the Mobile Treatment Project has concluded with the successful delivery of 21 workshops in eight communities, with more than 1000 people participating.

A puppet show for elementary age children called **A Story About Feelings** was developed and presented by the High Prairie Area Office staff to several schools in the area.

During National Drug Awareness Week, the Peace River Area Office and the RCMP jointly sponsored a theatre project called **Learning to Make Healthy Choices.** Through the production, children from kindergarten to grade six were introduced to making healthy choices regarding family, community, peer pressure and lifestyles.

Construction began on the Northern Addictions Centre, the new treatment facility in Grande Prairie. Nursing students from the Grande Prairie Regional College nursing program were involved in six-day practicums at the Grande Prairie Area Office. They were introduced to assessment, treatment and aftercare of the dependent client, as well as prevention concepts in the community.

Information programs on the effects of impaired on-job performance were conducted by High Level Area Office staff for employees of Canfor as part of a broad program on safety in the workplace.

Fort McMurray Area Office staff assisted the Peter Pond Community School in developing and designing a comprehensive alcohol and drug program. Parent support group training and the use of **Touchstones: A Family Drug Education Course** aided in developing an administrative policy which identifies how problems of alcohol and drug abuse are to be viewed within the school environment.

Two training sessions were developed and provided by the Lac La Biche Area Office. The Suicide Prevention Training Program was attended by 30 professionals, front-line workers and clerical staff. A Peer Support conference was attended by more than 200 teachers, coaches and students.

Grand Centre Area Office staff took the lead role in designing a major Lifestyle display viewed by hundreds of teachers and school counsellors at the Northeast Alberta Teachers Conference in Edmonton in February 1989.

Solvent abuse continued to be a major focus for St. Paul staff as they participated in the design and delivery of a six-month program for children ages 7-12. This interagency pilot program covered a detox/pretreatment phase in a wilderness camp setting, a treatment plan that included teachers and parents, and an aftercare program that brought the children together twice a week for group counselling and recreational experiences.

Yes, Let's was a prevention program designed by the Barrhead Area Office that involved approximately 300 elementary school students in a button design contest, drama exercises and an AADAC tour. The focus of the week-long events was on making healthy choices.

Central Alberta Field Services

Highlights

At the Downtown Treatment Centre in Edmonton, a specialized group has been developed to address the issues faced by adolescent girls in the areas of substance abuse, self esteem, sexuality and use of leisure time. A support group for parents who are concerned about their teens' drug use is also available.

The West End and Downtown Treatment Centres offered group programs for children under 12 who have been negatively affected by the addiction of a parent or other significant adult.

In Edmonton, Community Education Services has been developing an electronic bulletin board known as **Electronic Zoot** (or E-Zoot). This program provides an opportunity for teens and others to exchange computer messages with staff operators and with each other on a variety of topics of mutual interest.

Peer Support programs have continued to develop in the Edmonton and Central Districts, with more than 100 schools involved. The Peer Support program actively involves youth in identifying relevant health and lifestyle issues, as well as strategies to address these issues.

Drug education programming for parents, using the **Touchstones** materials developed by AADAC, has been undertaken in a number of areas. Other professionals who work with parents have also received training to use the materials.

Professional training programs for health, social service and related human service professionals have been offered. These programs promote to these professionals awareness of addiction issues, as well as the services provided by AADAC. This is designed to enable them to deal more appropriately with addictions issues as they relate to their clientele.

Two highly successful youth conferences were held in the Central District this year. The MOST III (Making of Something Terrific) conference in Red Deer attracted more than 400 teens from 34 communities. Experiential workshops and a resource fair provided opportunities for youth to interact with local mentors and to try out new skills. In Drayton Valley, 1000 teens participated in Youth Challenge '89 with its variety of experiential workshops aimed at personal, social, physical and creative development.

In Camrose, puppet shows were presented to elementary school students. Identifying and handling feelings, making responsible decisions, and basic information about drug use were among the topics covered.

Central Alberta Field Services has had excellent support throughout the year from a number of volunteers. The Red Deer and Camrose areas have had particularly active volunteer programs. A formal volunteer program has also been established at the Downtown Treatment Centre in Edmonton.

In Edson, the AADAC office facilitated the development of two new self-help groups. Other offices throughout Central Alberta have continued to cooperate with existing self-help groups.

Southern Alberta Field Services

Highlights

Calgary Community Education Services (CES) participated in several innovative community mobilization projects for adolescents with high-risk behaviours. For **Project Choice**, a major initiative with the school board, 20 facilitators were trained and subsequently delivered 12 one-hour life skills sessions in six schools, including two special needs sites. Extensive collaboration with Calgary Police, city and provincial social services, and the school board resulted in the formation of an interagency task force to improve the delivery of service to serious habitual offenders, the majority of whom are harmfully involved with drugs.

Community Education Services was instrumental in the formation of the Calgary Adolescent Needs Network, a group of 40 agencies which are stakeholders in the provision of services to youth.

As a contributor to the launch of the first Calgary **Healthy City Day**, CES coordinated a highly successful public awareness campaign and sponsored the David Swann Award for the most outstanding contribution to the health and well-being of the citizens of Calgary.

During National Drug Awareness Week, a joint effort with Calgary Legal Guidance Society produced a theatre project, **The Party's Not Over**, on social host responsibility and alcohol abuse.

Implementation of the Professional Training Series provided 41 allied professionals with addictions information and training.

Calgary Counselling Services (CCS) added two components to their adolescent programming – Aftercare and Parent Support. The CCS commitment to the Foothills Hospital Substance Abuse Clinic was increased from one-half day per week to one day per week.

In the South District, as part of **Project Participation**, a Youth Activity Fair was held in Medicine Hat. The fair provided more than 400 youths with an opportunity to try out new activities.

The AADAC/AMA project was piloted in the Lethbridge area. The project was developed to assist physicians in dealing with patients who have substance abuse problems, and to foster collaborative efforts between doctors and AADAC counsellors.

Youth Peer Support programs are now [illegible] across the division, and there is a Senior [illegible] Support program in Brooks.

Institutions and Funded Agencies

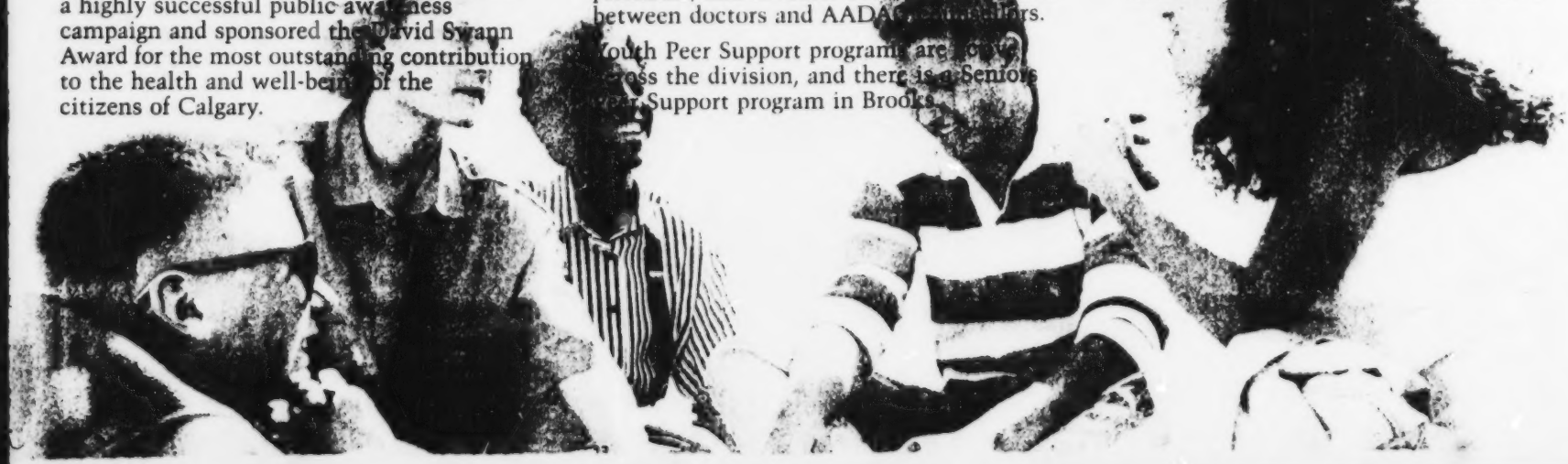
Role

This division provides residential addictions treatment services and assists local communities in implementing addictions programs.

It also provides assistance to families and other significant people who can support addicted clients both during and after a treatment program. In providing support to community-based programs, the division encourages the community to feel a sense of ownership and responsibility for programs.

Services

The AADAC Recovery Centre in Edmonton and the Renfrew Recovery Centre in Calgary provide a safe environment for individual withdrawal from alcohol and other drugs. A treatment plan is developed with clients, and appropriate referrals are made [illegible] service. Each centre uses the [illegible] and community agency p[illegible]re that individual treatmen[illegible]ient are met.



Henwood Treatment Centre and Lander Treatment Centre are two well-established AADAC residential institutions that provide specialized intensive programs within a protective and supportive environment. Individual, group and family program components are focused toward client assistance, and aftercare provisions are made to support clients' transition back to their community.

The community programs receiving AADAC funding are outlined in the chart on the next page.

Highlights

The Lander Treatment Centre has continued to focus on improved methods of program delivery and counselling techniques. During the last period, further emphasis was placed on collaborative therapeutic approaches with the clients becoming more actively involved in treatment planning, decision-making, and the application of personal and community resources. A 1989 evaluation of the program indicated significant positive results in areas of problem-solving, assertiveness, abstinence, relapse, management of high-risk situations, goal setting and planning, relationships and leisure time.

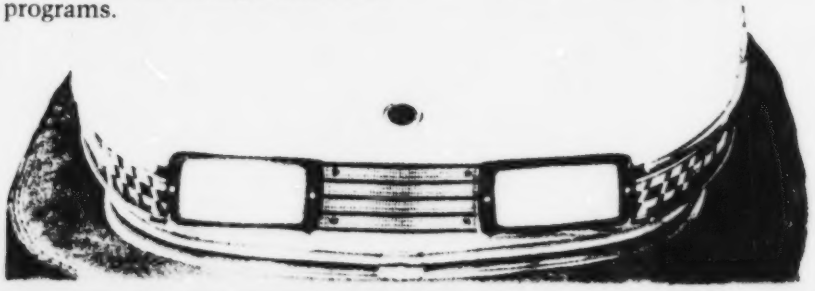
During the same period, program planning continued at the Henwood Treatment Centre to enhance the institution's ability to respond to individual client needs. Numerous revisions have been planned to enhance treatment. A new client record system was developed, piloted and successfully implemented. The system was designed to better meet client needs and to provide improved documentation and communication of client treatment. Since the implementation of weekly admission in January 1989 and a new method of staffing the program, allowing flexibility and better utilization of staff abilities, occupancy rates have improved on a consistent basis.

To ensure continuity of program services, Renfrew Recovery Centre reinstated weekend counselling services to facilitate more effective client flow and timely assessments. Weekend counselling has benefited all clients, particularly young adults who respond positively to uninterrupted programming which minimizes the risk of inappropriate self-discharge. Renfrew Recovery Centre also established service coordination with the Deaf and Hard of Hearing Service Society to provide sign language for deaf clientele. This service liaison has enabled Renfrew Recovery Centre to respond effectively and sensitively to the special needs of the deaf during assessment and group programs.

AADAC Recovery Centre, in conjunction with other local AADAC offices and community-based services, held a major public education seminar during National Drug Awareness Week. The seminar was attended by approximately 120 professionals who were exposed to numerous facets of the treatment and prevention of drug abuse.

As the result of needs identified for local delivery of counselling services to the Back Lake areas of Northcentral Alberta, AADAC commenced funding of Native Counselling Services of Alberta. NCSA has established new counselling services for Loon Lake, Peerless Lake and Trout Lake, with supervision provided through an office at Wabasca. NCSA also assumed responsibility for the counselling services at [illegible] Lake and Calling Lake, previously [illegible] through the Slave Lake Native [illegible]ntre.

In planning new treatment initiatives for adolescents, AADAC has supported the establishment of additional assessment and counselling capacities by three community-based agencies to provide services to Native people. Metis Indian Town Alcohol [illegible], Poundmaker's Lodge, and Native [illegible]n Services have each appointed a designated counsellor to [illegible] services for Native youth.



Programs Receiving Funding

Program	Location
· Action North Recovery Centre	High Level
· Alcohol and Drug Abuse Services (Alpha House)	Edmonton
· Bonnyville Indian Metis Rehabilitation Centre	Bonnyville
	Fishing Lake
	Elizabeth Settlement
· Boys' and Girls' Club of Hinton	Hinton
· Calgary Alpha House Society	Calgary
· Cool-Aid Society of Grande Prairie	Grande Prairie
· Distress Centre/ Drug Centre	Calgary
· Foothills Alcohol Action Society	Fort Macleod
· George Spady Centre Society	Edmonton
· Jellinek Society	Edmonton
· Jimmy Wolf Tail Memorial Residence Society	Brocket
· South Country Alcohol and Drug Treatment Centre (Lethbridge and Community Addictions Treatment Society)	Lethbridge
· McDougall House Association	Edmonton
· Metis Indian Town Alcohol Association	High Prairie
	Cadotte Lake/ Little Buffalo
	Valleyview
· Native Alcoholism Services	Calgary
· Native Counselling Services of Alberta	Calling Lake
	Loon Lake
	Peerless Lake
	Slave Lake
	Trout Lake
	Wabasca
· Nechi Institute on Alcohol and Drug Education	Edmonton
· O'Meara Rehabilitation Centre	Legal
· Pastew Place Detoxification Centre	Fort McMurray
· Poundmaker's Lodge	Edmonton
· Recovery Acres (Calgary) Society	Calgary
· Recovery Acres Society	Edmonton
· Riverside Villa Association Villa Treatment Centre	Calgary
Villa Halfway House	Calgary
· Rocky Native Friendship Centre	Rocky Mountain House
· Salvation Army	Red Deer
· Southern Alcare Society and Industries	Lethbridge
· Sunrise Residence Society	Calgary
· Veg-Al-Drug Society	Vegreville
· Walter A. "Slim" Thorpe Recovery Centre	Lloydminster
	Wainwright

Provincial Programs

Role

Provincial Programs operates programs and services that are most effectively managed with a centralized structure.

The unit has three roles. The first is to offer programs to the public on a province-wide basis. These programs emphasize education and prevention. The second role involves stimulating public action to respond to alcohol and drug problems. This is done through encouraging and funding small community projects and by supplying program resource materials to key professionals and groups. The third role is to provide support to other AADAC program divisions through the development of resource materials and the provision of professional library services.

Services

Communications Program
The Communications Program is responsible for the planning, development and production of AADAC's media-based prevention program for adolescents in Alberta. This program combines thorough problem analysis with marketing, advertising and communications to ensure program effectiveness. The Communications Program includes mass media, a magazine for teens (**Zoot Capri**), posters, pamphlets, school resources and the funding of community and theatre projects.

Impaired Driving Programs
This service involves the planning, administration and coordination of two province-wide programs: the Alberta Impaired Drivers' Course **Planning Ahead**, for first-time offenders, and the **IMPACT** program for repeat offenders. This department also provides liaison in a coordination and technical capacity with other departments and agencies with respect to impaired driving issues.

Program Resources
Program Resources is responsible for the development, production and distribution of information and program materials including school curriculum support materials, the internal and external newsletters, booklets, posters and pamphlets regarding treatment, prevention and education.

The provincial addictions library, housed in Edmonton, provides specialized information services to AADAC staff. Support to the professional, and to the public, is provided through local resources such as professional, school and public libraries. The AADAC library produces and distributes materials to augment school library collections.

Guidance and funding for local community projects supporting community initiatives and the AADAC adolescent campaign are part of this service, as are prevention and education-oriented theatre tours and projects.

Highlights

AADAC received a number of prestigious national and international awards, including the Markie, Hygeia and RSVP awards, for excellence in communications materials.

Drive Alive: A New Look at Drinking, Driving and Teens, a package program for high school students and parents, was completed. It contains a series of provocative presentations on drinking and driving and includes a special video called Making a Difference which shows initiatives by a number of teen groups throughout Alberta against drinking and driving. The original **Alive** teacher's resource on drinking and driving was updated for junior high and retitled **Alive! (Revised)**.

Subscriptions to **Zoot Capri, the Magazine**, AADAC's award-winning magazine for teens, continue to increase through promotional activities. Bulk subscriptions were received for the magazine from the Saskatchewan Alcohol and Drug Abuse Commission, the Insurance Corporation of British Columbia, and the Canadian Armed Forces Europe for distribution to teens within their jurisdictions.

Show Starters, a planning manual to assist students plan special events, was developed and distribution is ongoing to student councils and peer support groups throughout Alberta.

Research planning was conducted to guide the development of a new phase of AADAC's ongoing multi-media Adolescent Prevention Campaign scheduled to be launched in May 1989.

A number of initiatives were undertaken to promote AADAC resources nationally and internationally. The AADAC **Resources Catalogue** and a pamphlet highlighting AADAC's resources and programs for teens were distributed to a large number of targeted organizations and government bodies. AADAC displays were set up at major conferences in Toronto, Montreal and Victoria and promotional advertisements were placed in a variety of publications throughout Canada.

Payoff! Workplace Programs for Health, a Lifelines program package, was developed as a practical resource to provide information on employee assistance programing for a variety of organizations and businesses in the community.

No Time to Spare resource guide and video for the successful seniors' theatre project by the same name, were developed for use by seniors' groups and allied professionals.

The **Quick Facts** resource for staff and for use with a number of AADAC program packages was revised and updated. A number of pamphlets on a variety of substance abuse areas were redeveloped and retitled as the **Facts on** series.

The Dissemination of Information Between Nations, the proceedings of the 1987 SALIS Symposium in Edmonton, was published in collaboration with Substance Abuse Librarians and Information Specialists and the Office for Substance Abuse Prevention, US Department of Health and Human Services.

The Impaired Drivers' Course for first offenders, **Planning Ahead**, was offered 584 times in 38 communities throughout the province. A total of 9688 first-time suspended drivers attended the course. The **IMPACT** program for repeat impaired driving offenders had 3196 participants in 83 weekend sessions.

Policy and Program Analysis

Role

The Policy and Program Analysis Division assists the Commission Board, Executive and Program Management in making informed decisions and improving program effectiveness through research analysis and program evaluation.

Services

The division provides comprehensive policy analysis and development for the Commission Board. Reports are prepared on the characteristics of clients, of treatment programs, and of educational services. The division also designs and implements major program evaluation projects and consults with staff on the planning, implementation and utilization of evaluation.

Highlights

A comprehensive plan for program development research was completed to assist AADAC management in implementing, monitoring and evaluating treatment services to adolescents. The plan includes research and information systems to assure management that adolescent treatment programs are developed and operated in an effective manner.

Program development research for AADAC's Prevention Program for Adolescents contributed to the development of new television, radio and print advertising. In addition, a new baseline survey was conducted as a reference point to measure the success of future program initiatives.

The division assisted with the policy development and planning activities of the Commission. Background material was compiled [illegible] used to develop, revie[illegible] several AADAC policies and [illegible]

AADAC's four statistical management information systems supported strategic issue investigations for AADAC's senior management. A large number of special investigations were conducted in support of program planning and delivery.

The division participated in the development of a resource kit to assist physicians with the diagnosis and referral of patients with addictions problems. The kit is currently being pilot tested in the Lethbridge area. The division also designed and implemented an evaluation of the pilot project which involves the cooperation of Policy and Program Analysis staff, AADAC program staff and physicians.

The division prepared agenda materials and the final report for the second meeting of the Network of Heads of Alcohol Centres. This meeting, co-sponsored by AADAC and the World Health Organization, brought together representatives from 10 nations to discuss policy and program approaches to addictions issues.

At the req[illegible] of the International Council o[illegible]lcohol and Addictions, the division co[illegible]dinated an international survey of m[illegible]embers and potential members of ICAA. The findings were presented to the Council and will be used by the ICAA for future planning.

Divisional staff have commenced work on a two-year study with $177,000 in funding from Health and Welfare Canada. This basic research examines how beliefs about alcohol, beliefs about personal capacity to change and beliefs about treatment effectiveness help prevent relapse of alcohol problems.

An update of the report **Alcohol in Alberta** was completed. This popular report summarized a number of indicators of alcohol use and its effects in the province.

Ten **Profile** information sheets were developed and distributed. These leaflets provide statistical highlights of AADAC's program activities and related research for a general audience. A second information sheet, **Insights**, was introduced to provide AADAC staff with current addictions information from AADAC and other sources. Four Insights were produced on various topics including AIDS, drug use trends and prevention research.

Divisional staff prepared and delivered a number of professional papers on a variety of addictions issues. Many of these stemmed from evaluations that have been undertaken of AADAC programs.

Human Resources

Role

Human Resources now encompasses both Personnel and Training and Professional Development, which formerly operated as separate divisions.

Personnel applies a proactive approach as it works with AADAC management and non-management staff to develop and maintain programs and services in the areas of recruitment and selection, classification, compensation and benefits, and employee relations.

Training and Professional Development provides information and opportunities to AADAC staff and allied professionals which will enhance job performance and assist in their professional/career development.

Highlights

On June 29, 1988, a new Collective Agreement specifying the terms and conditions of employment for AADAC's bargaining unit employees was signed by AADAC and the Alberta Union of Provincial Employees. The new Collective Agreement took effect July 1, 1988, with the exception of the new salary ranges, which were made effective April 1, 1988. The Collective Agreement will remain in effect until March 31, 1990.

Effective September 1, 1988, the structural reorganization which took place within Support Services resulted in Training and Professional Development joining Personnel within the Human Resources Division. The newly created division is headed by the former Personnel Director, who now reports directly to the Chief Executive Officer.

In the latter part of 1988, Personnel, in conjunction with Policy and Program Analysis, took a lead role in the drafting of a policy on AIDS, as well as guidelines for application of the policy. The policy and guidelines will cover how clients and employees of AADAC will be dealt with if they are infected with HIV or have AIDS.

In late 1988, a task group consisting of the Executive Director, Program Services, the Director, Human Resources, and a Personnel Administrator, was initiated by the Chief Executive Officer to examine AADAC's Management Performance Appraisal and Management Performance Pay Systems. The purpose of the task group was to examine the appropriateness of these systems and to develop recommendations for their improvement and enhancement. By the end of March 1989, the task group developed and presented to senior and executive AADAC management a report document which contained recommended concepts for new systems. With minor revisions, the Chief Executive Officer approved the concepts, and the responsibility for development, training and implementation shifted to Human Resources.

In 1988, Training and Professional Development planned and implemented an Institute on Addictions which hosted 163 participants representing Alberta and Western Canada. The theme "Bridging the Gap" addressed the issue of cooperation among helping agencies and attracted people in addictions, law enforcement, and community groups.

On a national basis, the Training and Professional Development unit provided ongoing input to the Training and Education Working Group of the National Drug Strategy, which is supported by Health and Welfare Canada.

On a provincial basis, Training and Professional Development cooperated in programs with the RCMP, Shell Canada, the Alberta Hospital Association, the University of Alberta Faculty of Pharmacy, and Alberta Government Telephones.

Statistics

	Personnel
Total Recruitment Competitions (Salaried Employees)	84
Commencements	71
Terminations	61
Transfers and Promotions	38
Permanent Salaried Employees	374
Position Classifications Reviewed	71
Positions Reclassified/Reallocated	4
Courses Offered	24
Total Participants	479
AADAC staff	331
Allied Professionals*	148

*Allied Professionals include addictions agency staff, pharmacists, nurses, social workers, employee assistance program consultants.

Finance and Administration

Role

Finance and Administration, in accordance with provisions of the Financial Administration Act, is responsible for the collection, management, control and reporting of revenue and expenditure for the Commission. The division acts as a resource to program service staff on finance, accounting, purchasing and facility administration matters.

Services

Finance and Administration coordinates, analyzes and implements the annual budget, processes all revenue and expenditure accounts and monitors third-party contracts. The division is responsible for the preparation of monthly financial control reports and annual audited financial statements. Finance and Administration also provides consulting and coordinating services in the design and acquisition of facilities and accommodation for the Commission.

Highlights

Alberta Treasury's Departmental/Central Financial System was implemented in Finance and Administration effective October 1, 1988.

The division negotiated the Alcohol and Drug Abuse Rehabilitation Agreement with the Federal Government. This is a two-year cost sharing agreement that will allow the Provincial Government to recover part of its contributions to new treatment initiatives effective April 1, 1988.

Finance and Administration developed new Budgetary Guidelines and Authorities for the Financial Management of the Commission.

Approximately 14,000 invoices were processed with a total value in excess of $13,000,000 through the payment of accounts system. Average processing time for the Commission was approximately 24 days at March 31, 1989.

Specific property leases for the Commission and funded programs were renewed.

A training course was delivered to AADAC staff on budgeting and financial controls. Field audits were completed on financial controls for selected funded programs.

AADAC Facilities – Admissions

Type of Facility	88/89	87/88
Detoxification	**4727**	4865
Inpatient	**3119**	3082
Outpatient	**11433**	11647
Total	**19279**	19594

* 1987/88 figures have been updated since the 1987/88 Annual Report, and are hence slightly greater than in that report.

Admissions	Client		Collateral**	
by Sex	88/89	87/88	88/89	87/88
Male	**11631**	11858	**690**	689
Female	**4374**	4280	**2583**	2767

** Collaterals are individuals who are admitted to receive assistance in dealing with someone else's substance abuse problem.

Figure A
Admission by Type of Treatment 1988/89

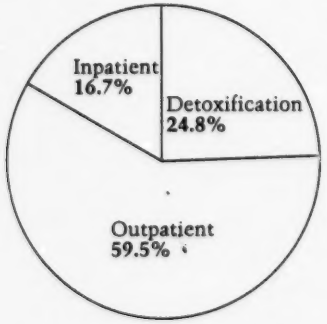
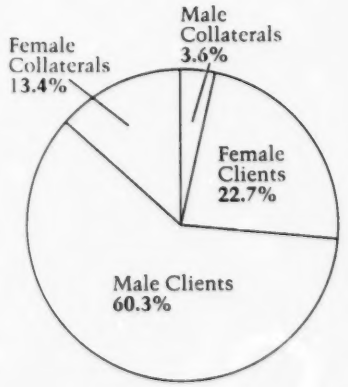


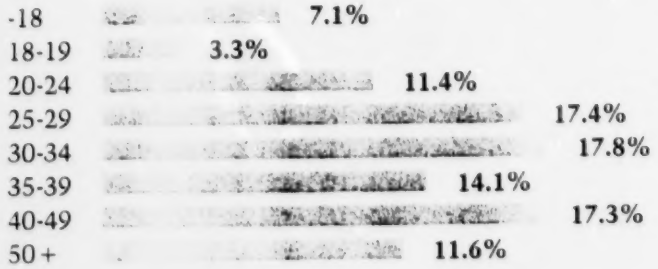
Figure B
Sex and Admission Type 1988/89



Admissions	Client		Collateral	
by Age Group	88/89	87/88	88/89	87/88
-18	**988**	1070	**384**	322
18-19	**576**	565	**60**	54
20-24	**1945**	1856	**252**	283
25-29	**2905**	2884	**449**	477
30-34	**2893**	2940	**538**	584
35-39	**2259**	2189	**460**	462
40-49	**2659**	2741	**681**	753
50 +	**1780**	1893	**449**	521

Figure C
Age of Admissions

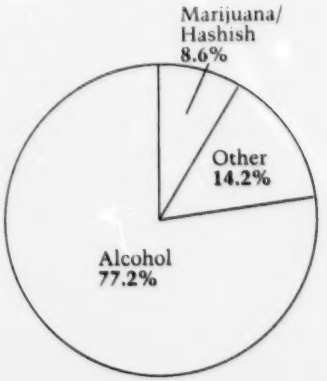
Percentage of Admissions by Age Group



Primary Drug Problem (clients only)	88/89*
Alcohol	**12319**
Heroin/opiates	**394**
Hallucinogens	**60**
Marijuana/hashish	**1365**
Tranquilizers	**443**
Barbiturates	**43**
Amphetamines	**72**
Cocaine	**734**
Solvents	**77**
Talwin and Ritalin	**247**
Other	**212**
Not Reported	**39**

* Changes in procedures for collecting drug information make comparison of drug data between 1987/88 and 1988/89 invalid.

Figure D
Primary Drug Problems of Clients Admitted 1988/89

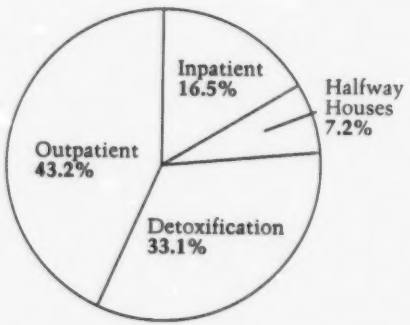


Funded Agencies Summary

	88/89	87/88
Number of Funded Agencies	**29**	29
Number of Programs Receiving Funding	**49**	43
Admissions by Type of Treatment		
Detoxification Centres	**4519**	4597
Inpatient Centres	**2256**	2070
Halfway Houses	**983**	1138
Outpatient Centres	**5884**	6366
Total	**13642***	14171

* In addition, there were 50912 admissions to overnight shelters associated with detox units, 819 participants in 208 regular training courses, and 1459 participants in adolescent outreach services.

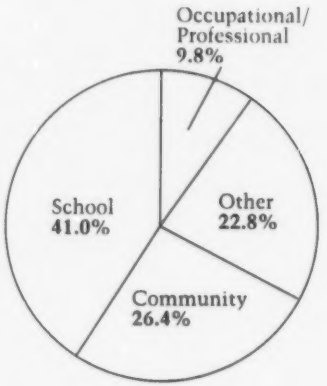
Figure E
Admissions by Type of Treatment



Community Education Services

	Projects Completed Across Alberta		Number of Sessions	
	88/89	87/89	88/89	87/88
School	**842**	899	**1881**	2244
Occupational/Professional	**202**	215	**428**	482
Health Systems	**121**	102	**245**	187
Social Services	**166**	155	**340**	338
Community	**543**	510	**1187**	1283
Media	**131**	166	**231**	293
Legal System	**51**	37	**124**	115
Total	**2056**	2084	**4436**	4942

Figure F
Community Education Services
Projects Completed 1988/89

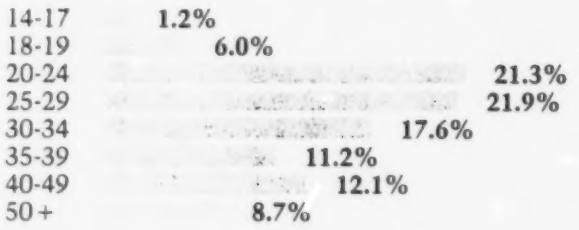


Planning Ahead

	1988/89	1987/88
Number of Courses Across Alberta	**584**	637
Number of Participants	**9688**	10200
by Sex		
Male	**8477**	8999
Female	**1211**	1201
by Age Group		
14-17	**120**	149
18-19	**586**	528
20-24	**2063**	2268
25-29	**2118**	2247
30-34	**1701**	1691
35-39	**1088**	1110
40-49	**1169**	1294
50+	**843**	913
Unknown	**0**	0

Figure G:
Age of Planning Ahead Participants
1988/89

Percentage of Participants by Age Group



Impact

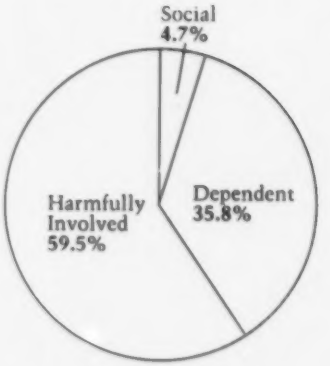
	1988/89	1987/88
Number of Courses Across Alberta	**83**	84
Number of Participants	**3225***	2625
by Sex		
Male	**3031**	2448
Female	**194**	177

* An additional 9 registered participants had no intake form completed for them, for a total participant count of 3234.

Number of Participants

by Age Group	1988/89	1987/88
14-17	**0**	3
18-19	**33**	23
20-24	**518**	547
25-29	**877**	707
30-34	**622**	443
35-39	**425**	288
40-49	**457**	376
50+	**293**	238

Figure H
Facilitator Assessment of IMPACT Participants' Alcohol/Drug Involvement 1988/89



Expenditures by Organizational Structure
(For Year Ended March 31, 1989 with 1988 Figures for Comparison)

Program Services	1989	1988
Institutions and Funded Agencies		
Institutions		
Henwood Treatment Centre, Edmonton	$ 1,941,264	$ 1,984,912
Lander Treatment Centre, Claresholm	1,389,082	1,387,246
AADAC Recovery Centre, Edmonton	1,066,925	1,022,058
Renfrew Recovery Centre, Calgary	1,016,717	1,038,282
	5,413,988	5,432,498
Funded Agencies	6,797,191	6,858,668
Program Administration	311,093	317,917
	12,522,272	12,609,083
Field Services		
Northern Alberta Field Services	1,734,861	1,613,029
Central Alberta Field Services	3,128,134	3,276,231
Southern Alberta Field Services	2,063,622	2,105,816
	6,926,617	6,995,076
Provincial Programs		
Media Campaign	2,153,998	1,657,247
Impaired Drivers' Program	1,458,992	1,618,877
Library	200,444	206,653
Program Resources	463,871	445,031
Community/School Theatre	173,901	181,080
Provincial Programs	248,034	194,635
	4,699,240	4,303,523
Total Program Services	24,148,129	23,907,682
Program Support Services		
Chairman and Board Members	121,935	111,854
Support Services	2,373,216	2,288,540
Total Program Support Services	2,495,151	2,400,394
	26,643,280	26,308,076
Less Net Increase in Inventory of Materials and Supplies and Other Assets	120,595	39,897
Total Expenditure	$26,522,685	$26,268,179

Financial Statements

March 31, 1989

29 Auditor's Report

30 Balance Sheet

31 Statement of Revenue, Expenditure and Revenue Surplus

32 Statement of Equity in Fixed Assets

33 Notes to Financial Statements

ALBERTA LEGISLATURE

OFFICE OF THE AUDITOR GENERAL

AUDITOR'S REPORT

To the Members of the Alberta
Alcohol and Drug Abuse Commission

I have examined the balance sheet of the Alberta Alcohol and Drug Abuse Commission as at March 31, 1989 and the statements of revenue, expenditure and revenue surplus and equity in fixed assets for the year then ended. My examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as I considered necessary in the circumstances.

In my opinion, these financial statements present fairly the financial position of the Commission as at March 31, 1989 and the results of its operations and the changes in its financial position for the year then ended in accordance with the disclosed basis of accounting, considered appropriate in the circumstances, as described in Note 2 to the financial statements applied on a basis consistent with that of the preceding year.

Donald D. Salmon
FCA
Auditor General

Edmonton, Alberta
July 20, 1989

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

BALANCE SHEET

AS AT MARCH 31, 1989

	1989	1988
ASSETS		
Current:		
Cash	$ 876,706	$ 5,705
Accountable advances to staff	19,381	16,672
Federal sales tax receivable	20,499	5,688
Miscellaneous receivables	25,520	8,513
Inventory (Note 3)	1,021,849	901,254
	1,963,955	937,832
Fixed:		
Furniture and equipment, net (Note 4)	660,244	640,536
	2,624,199	1,578,368
Trust cash	58,681	53,877
	$2,682,880	$1,632,245
LIABILITIES AND EQUITY		
Current:		
Accounts payable	$ 841,691	$ -
Due to the Province of Alberta, net	-	36,578
Deferred revenue	100,415	-
	942,106	36,578
Inventory reserve	1,021,849	901,254
Equity in fixed assets	660,244	640,536
	2,624,199	1,578,368
Trust:		
Patients' Benevolent Fund	10,926	11,646
Memorial Trust Fund	47,755	42,231
	58,681	53,877
	$2,682,880	$1,632,245

The accompanying notes are part of these financial statements.

OFFICE OF THE AUDITOR GENERAL

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

STATEMENT OF REVENUE, EXPENDITURE AND REVENUE SURPLUS

FOR THE YEAR ENDED MARCH 31, 1989

	1989	1988
REVENUE:		
Contributions by the Department of Health	$26,491,049	$26,308,076
Other revenue:		
Publications	63,764	21,432
Patients' charges	33,101	30,940
Federal sales tax recovery	31,691	5,677
Seminars	21,410	155
Miscellaneous	2,265	61,780
	26,643,280	26,428,060
Transfer to the Province of Alberta	-	119,984
NET REVENUE	26,643,280	26,308,076
EXPENDITURE:		
Manpower:		
Salaries	10,840,246	10,999,569
Employer contributions	1,417,337	1,324,386
Wages	982,995	981,644
Allowances and benefits	62,136	46,378
	13,302,714	13,351,977
Services and supplies:		
Professional, technical and labour services	4,648,817	4,233,958
Travel and relocation	593,111	467,101
Materials and supplies	461,447	662,145
Rental of equipment	153,403	152,893
Repairs and maintenance of equipment	80,790	84,534
Other services	71,788	61,521
Freight and postage	71,435	81,429
Advertising	61,151	69,759
Telephone and communications	36,986	41,122
Hosting	34,564	14,918
Insurance	27,398	879
	6,240,890	5,870,259
	19,543,604	19,222,236
Other:		
Direct financial assistance to outside agencies	6,797,191	6,858,668
Purchase of fixed assets	181,890	187,275
TOTAL EXPENDITURE	26,522,685	26,268,179
EXCESS OF REVENUE OVER EXPENDITURE	120,595	39,897
APPROPRIATION TO INVENTORY RESERVE	120,595	39,897
REVENUE SURPLUS	$ -	$ -

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

STATEMENT OF EQUITY IN FIXED ASSETS

FOR THE YEAR ENDED MARCH 31, 1989

	1989	1988
Balance at beginning of year	$640,536	$575,218
Add:		
Investments in fixed assets:		
Purchases included as expenditures	181,890	187,275
Trade-ins and exchanges	4,110	3,330
Acquired by lease option	-	38,943
	826,536	804,766
Deduct:		
Depreciation for the year	155,100	155,859
Disposals at net book value	11,192	8,371
	166,292	164,230
Balance at end of year	$660,244	$640,536

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

NOTES TO THE FINANCIAL STATEMENTS

MARCH 31, 1989

Note 1 Authority

The Alberta Alcohol and Drug Abuse Commission operates under the authority of the Alcohol and Drug Abuse Act, Chapter A-38, Revised Statutes of Alberta 1980, as amended.

Note 2 Significant Accounting Policies and Reporting Practices

(a) These financial statements have been prepared in accordance with generally accepted accounting principles except that:

(i) Fixed assets are charged to expense at date of acquisition. Fixed assets are also shown on the balance sheet at original cost less accumulated depreciation with a corresponding credit to equity in fixed assets. Depreciation, calculated on a straight-line basis, is charged to equity in fixed assets.

(ii) Capital leases are treated as operating leases.

(b) Inventories of materials and supplies are valued at cost. Books, tapes and films are valued at 50% of cost.

(c) Contributions from the Province of Alberta used to finance inventory are reported as being appropriated to the inventory reserve.

(d) Contributions from the Province of Alberta in excess of operating requirements for the year are reported as deferred revenue, and are available to fund operations of the subsequent year.

(e) A statement of changes in financial position is not provided as disclosure in these financial statements is considered to be adequate.

Note 3 Inventory

Inventory consists of:

	1989	1988
Materials and supplies	$ 561,382	$463,758
Books, tapes and films	460,467	437,496
	$1,021,849	$901,254

Note 4 Fixed Assets

Fixed assets consist of the following:

	Cost	Accumulated Depreciation	1989 Net	1988 Net
Furniture and equipment	$1,215,386	$ 761,059	$454,327	$462,232
Computer equipment	528,429	322,512	205,917	178,304
	$1,743,815	$1,083,571	$660,244	$640,536

Note 5 Contributions by Province of Alberta

The Province of Alberta recovers part of its contributions to the Commission from the Government of Canada under the Vocational Rehabilitation of Disabled Persons and other agreements. Amounts recovered are included in revenue of the Department of Health. Claims relating to the Commission's activities for the years ended March 31, 1989 and March 31, 1988 amount to $8,251,139 and $6,443,127 respectively.

Note 6 Administrative Expenses

Accommodation and other administrative expenses incurred in the administration of the Commission are born by the General Revenue Fund and are not reflected in these financial statements.

Note 7 Interest on Cash Deposits

Interest from cash deposits in the Consolidated Cash Investment Trust Fund has been credited directly to the General Revenue Fund.

Note 8 Comparative Figures

The 1988 figures have been reclassified where necessary to conform to 1989 presentation.

Note 9 Approval of Financial Statements

These financial statements were approved by management.